



# Ysgol Gyfun Garth Olwg

Pennaeth / Head Teacher  
Mrs. A. Williams B.A., C.P.C.P

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## Trefniadau Trawsgwlad Dydd Iau 25.9.14 Arrangements for Cross country 25.9.14

Mae eich plentyn /gward wedi cael ei dewis i gynrychioli'r ysgol yng nghystadleuaeth draws glad ar Ddydd Iau, 25 o Fedi.

Bydd angen dod i'r ysgol mewn cit Addysg Gorfforol a bydd angen cit sbâr i newid /tywydd yn wael.

Bydd angen brechdanau a diodydd.

Byddwn yn gadael yr ysgol am tua 9.30am a bydd y disgyblion nol erbyn y bysiau

*Your child/guard has been chosen to represent the school in a Cross Country competition on Thursday, 25<sup>th</sup> September*

*He/she will need to wear PE kit to school and a change of clothing.*

*He/she will need a packed lunch/drinks.*

*We will be leaving approximately 9.30am and returning by the buses.*

DYDDIAD/DATE	Iau 25.09.14 Thursday
LLEOLIAD/VENUE	Trac Athletaid, Penybont/ The Athletics Track, Newbridge Fields, Bridgend
<b><u>OEDRANNAU / AGE GROUPS</u></b>	
Blwyddyn 7/Year 7	Oedran Ysgol Blwyddyn 7 / School age Year 7
Adran Iau / Junior	Oedran Ysgol Blynnydoedd 8 a 9 / School age Years 8 & 9
Canol / Middle	Oedran Ysgol Blynnydoedd 10 ac 11 / School age Years 10 & 11
Hŷn / Senior	Oedran Ysgol Blynnydoedd 12 a 13 / School age Years 12 to 13
<b>PROVISIONAL</b>	10.30 am to 11.15 am Team Declaration in the Bridgend AC Clubhouse
<b>AMSERLEN / TIMETABLE OF EVENTS</b>	10.30am Trac ar agor i gerdded / Course open for walking 11.30 am BI 7 Merched / Year 7 Girls 2200m 11.45 am BI8 Bechgyn / Year 7 Boys 2200m 12.05 pm Merched Iau / Junior Girls 3000m 12.30 pm Bechgyn Iau / Junior Boys 3500m 12.50 pm Merched Canol / Hŷn / Middle/Senior Girls 4000m 1.15. pm Bechgyn Canol / Hŷn / Middle/Senior Boys 5000m 1.45 pm (Approx)Cyflwyno'r Gwobrwyau / Presentation of Awards [At the Bridgend AC Clubhouse]

Yn gywir/ Yours truly,

C.E.Jones

Adran Addysg Gorfforol / P.E. Department